



**SECTION A FOOD AND NUTRITION AND CONSUMER-RELATED ISSUES**

*Spend approximately 60 minutes on this section.*

**QUESTION 1 MULTIPLE CHOICE**

Choose the most correct answer to each of the following questions. Write only the letter of your choice in the table below.

Question	1.1	1.2	1.3	1.4	1.5	1.6	1.7	1.8
Answer								

1.1 The following logo is an indication of the ... on food labels.



- A glucose intolerance
  - B glycaemic index
  - C glycaemic intolerance
  - D glucose infusion
- (1)

1.2 The ... provides safeguarding and recourse when consumer rights have been violated.

- A Consumer Protection Act
  - B Consumer Profile Bureau
  - C Consumer Price Index
  - D Consumer Portfolio Services
- (1)

1.3 To persuade a consumer to buy goods or services by promising benefits if they help the business supply goods or services to other customers can be seen as ...

- A a pyramid scheme.
  - B an exclusion clause.
  - C an unscrupulous dealer.
  - D an unfair business practice.
- (1)

1.4 The following additive will cause a product not to qualify for a vegan claim.

- A Pectin
  - B Gelatine
  - C Benzoates
  - D Tartrazine
- (1)

1.5 The following is/are beneficial function(s) of omega-3 fatty acids.

- A Reduced risk of cardiovascular disease
- B Reduced blood pressure
- C Reduced cholesterol
- D A, B and C

(1)

Study the nutritional composition labels and answer Questions 1.6–1.8.

Label A	Label B	Label C																																																												
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[Source: <<https://www.fatsecret.co.za/calories-nutrition>>]

1.6 Identify the label unsuitable for a person suffering from diabetes.

- A Label A
- B Label B
- C Label C

(1)

1.7 This product is unsuitable for a person suffering from hypertension.

- A Label A
- B Label B
- C Label C

(1)

1.8 The ... and ... content makes label A unsuitable for a person suffering from cardiovascular disease.

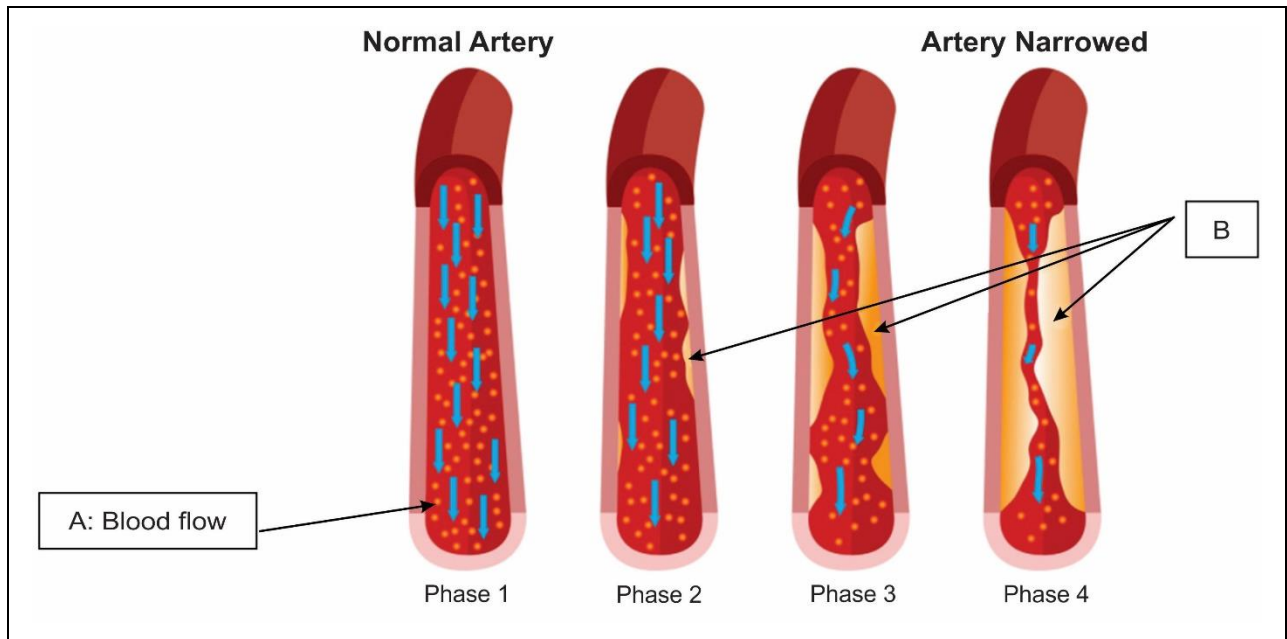
- A saturated and trans fat
- B saturated fat and carbohydrate
- C trans fat and protein
- D protein and carbohydrate

(1)

**[8]**

**QUESTION 2**

Study the picture below and use it to answer the questions that follow.



[Source: <<https://www.bing.com/images/>>]

2.1 Identify the food-related health condition that is depicted in this picture.

\_\_\_\_\_ (2)

2.2 Name the substance labelled **B** in the picture.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ (1)

2.3 Explain TWO possible outcomes/consequences of this disease.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ (4)

[7]

**QUESTION 3**

3.1 What are *pre- and probiotics*?

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(4)

3.2 Define *gastro-enteritis*.

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(2)

3.3 Define *constipation*.

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(2)

3.4 What is the benefit of using pre- and probiotics for the above-mentioned digestive conditions?

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(2)  
**[10]**

**QUESTION 4**

4.1 Explain the term *glycaemic index*.

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(3)

4.2 What are the health benefits of low-glycaemic diets and low-glycaemic food?

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(3)

4.3 Explain the ranking of carbohydrates according to the glycaemic index.

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(6)

4.4 What will the possible results of a diet consisting mainly of high-GI foods be?

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(4)  
**[16]**



**QUESTION 5**

5.1 Define the term *eating disorder*.

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(2)

5.2 Name TWO possible causes of eating disorders.

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(2)

5.3 Name the eating disorder most associated with binge eating, purging, and laxative abuse.

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(1)

5.4 Critically analyse possible management strategies (treatment options) for the eating disorder identified in Question 5.3.

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(6)  
**[11]**





**SECTION B CLOTHING AND CONSUMER-RELATED ISSUES**

*Spend approximately 40 minutes on this section.*

**QUESTION 7 MULTIPLE CHOICE**

Choose the most correct answer to each of the following questions. Write only the letter of your choice in the table below.

Question	7.1	7.2	7.3	7.4
Answer				

7.1 Fashion is ...

- 1 a style of clothing.
- 2 unique and very expensive.
- 3 timeless and elegant.
- 4 exposed through media channels.

- A 1 and 2
- B 2 and 4
- C 1 and 4
- D 2 and 3

(2)

7.2 ... is an indirect tax charged to all clothing items during production and distribution.

- A PAYE
- B VAT
- C CGT
- D SITE

(1)

7.3 The fashion choices shown below are motivated by ...



- 1 Social factors
- 2 Political factors
- 3 Environmental concerns
- 4 Economic factors

- A 1 and 2
- B 3 and 4
- C 2 and 3
- D 1 and 4

(2)

7.4 What would be the motivation for a person to wear the clothing items below?



- 1 They want to appear successful.
- 2 They follow the current fashion fad.
- 3 They want to appear confident.
- 4 They want to appear to have good taste.
- 5 They appear to be very lazy.

- A 1, 2 and 3
- B 3, 4 and 5
- C 2, 4 and 5
- D 1, 3 and 4

(2)  
[7]

**QUESTION 8**

State whether each sentence is TRUE or FALSE. For each FALSE statement, correct only the word(s) typed in bold print. Do not rewrite the entire sentence.

8.1 **Contemporary** fashion refers to new garment styles that are worn by a few fashion leaders.

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8.2 Depression is seen as an **economic** factor that influences fashion change.

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8.3 The natural textile, **cotton**, is environmentally unsound and should be avoided.

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8.4 The **peak** of one fashion wave overlaps the decline of the previous wave.

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8.5 **Brand name** clothing has a negative impact on a country's economy.

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**[8]**



**QUESTION 10**

'In psychology, a first impression is the event when one person first encounters another person and forms a mental image of that person.'

[Source: <[10.1 Why is the above-mentioned statement true when dressing for a work interview?](https://en.wikipedia.org/wiki/First_impression_(psychology)></a>]</p></div><div data-bbox=)

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(4)

10.2 List FIVE clothing tips for dressing for an interview.

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(5)

10.3 State TWO things to avoid when creating a professional clothing look.

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(2)



10.4 Evaluate the wearing of a uniform to work.

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(4)  
**[15]**

**QUESTION 11**

'Even though it could be easier to think that this trend emerged from a nature-lovers club, the truth is eco-friendly culture has influenced well-known fashion brands such as Nike and Adidas, and also famous fashion designers like Giorgio Armani and Prada, to tailor their clothing collections following the eco-fashion principles.'

[Source: <<https://www.modadel.com/eco-fashion-fashion-trends-and-environment/>>]

11.1 What is *eco-fashion*?

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(2)

11.2 List FOUR conditions a clothing item must satisfy to be classified as eco-fashion.

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(4)

11.3 What role do celebrities/fashion leaders play in the promotion of eco-fashion?

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(5)  
[11]

**50 marks**

**SECTION C HOUSING AND FURNISHINGS AND CONSUMER-RELATED ISSUES**

*Spend approximately 40 minutes on this section.*

**QUESTION 12 MATCH THE COLUMNS**

Choose the most suitable description in Column B for the property buying cost in Column A. Write only the letter of your choice in the table below.

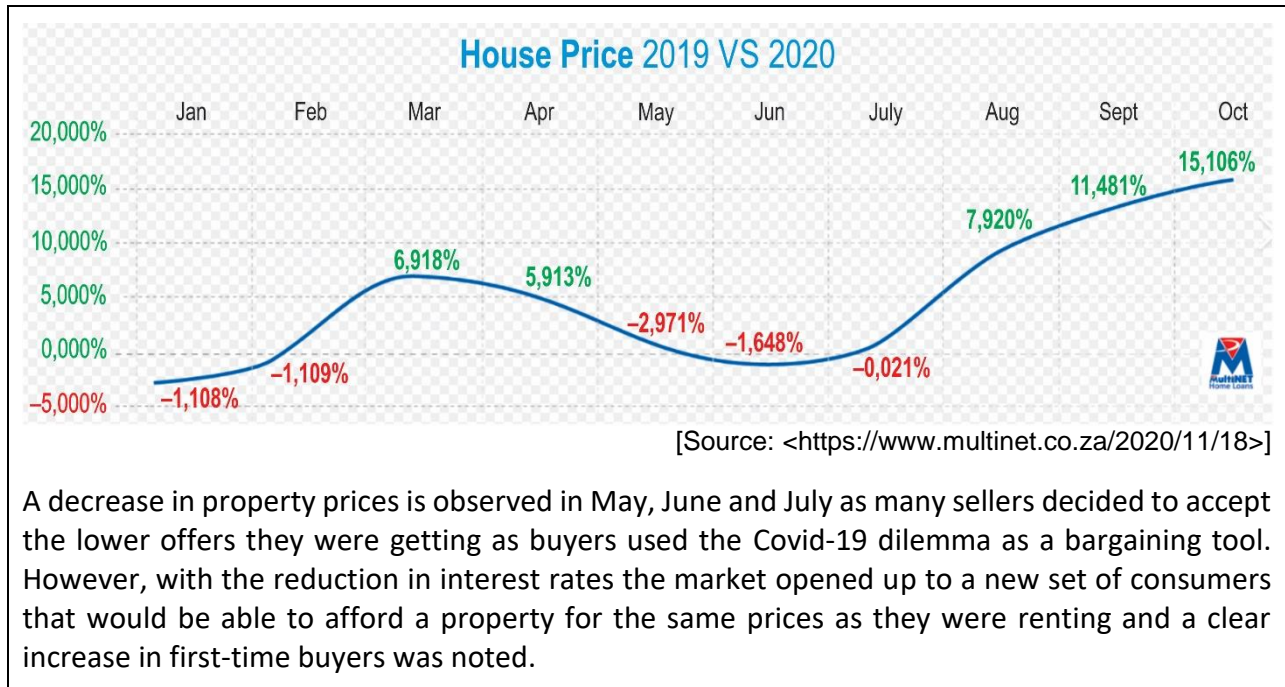
<b>Question</b>	<b>12.1</b>	<b>12.2</b>	<b>12.3</b>	<b>12.4</b>	<b>12.5</b>
<b>Answer</b>					

<b>Column A Property buying cost</b>		<b>Column B Description</b>	
12.1	Deposit	<b>A</b>	This is an amount agreed upon when the purchaser wants to move in before registration of the property
12.2	Occupational rent	<b>B</b>	These fees are paid for the registration of the mortgage loan and property title.
12.3	Initiation fee	<b>C</b>	These taxes are paid to transfer the property from the seller to the buyer.
12.4	Property tax	<b>D</b>	A percentage of the cost price of the home, payable by the buyer.
12.5	Deeds office fees	<b>E</b>	Fee based on the market value of the property and used for municipal services.
		<b>F</b>	A once-off fee is payable to the bank after approval of the loan.
		<b>G</b>	These payments are made to the conveyancer for overseeing the transfer process.

**[5]**

**QUESTION 13**

Study the line graph below and use it to answer the questions that follow.



13.1 What is meant by the term *interest rate*?

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(2)

13.2 Identify TWO differences between fixed and variable interest. Tabulate your answer as shown below.

Fixed interest	Variable interest

(4)



13.4 Predict the outcome for the following housing options if the interest rate continues to increase.

13.4.1 Buying

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(2)

13.4.2 Selling

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(2)

13.4.3 Renting

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(2)  
**[20]**

**QUESTION 14**

Study the employment contract below and use it to answer the questions that follow.

**Employment Contract  
Estate Agent**

The Real Estate Agent, or Property Consultant, is responsible for using their knowledge of local real estate markets to help individuals buy, sell or rent residential or commercial properties.

Duties include but is not limited to meeting with their clients to discuss their ideal property requirements and price points, overseeing open houses for sellers and showing clients properties that align with their expectations.

**Responsibilities:**

- Maintain a good relationship with lenders, valuers, home inspectors and escrow companies.
- Prepare necessary paperwork such as closing statements, deeds, contracts, purchase agreements and leases.
- Compile lists of real estate properties with details regarding their location, square footage and features.
- Promote sale of properties through open houses, engagement in multiple listing services and advertisements.
- Establish a network of mortgage lenders, contractors and legal attorneys to whom you can refer clients.
- Inspect condition of premises and organise for necessary maintenance or inform property owners of maintenance needs.
- Evaluate clients' financial abilities and research properties within their buying power.

[Source: Adapted from <<https://www.indeed.com/hire/job-description/real-estate-agent>>]

14.1 What is an *employment contract*?

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(3)

14.2 By law, an employment contract must include certain information to make it legally binding. State FIVE reasons why the contract on page 23 is not legal.

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(5)



14.3 List FOUR other types of contracts.

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(4)







15.4 Suggest ONE creative way to reuse a plastic 2-litre bottle.

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(1)  
[15]

**60 marks**

**SECTION D INTEGRATED WRITING RESPONSE**

*Spend approximately 40 minutes on this section.*

**QUESTION 16**

Read the sources below and use them to answer the question that follows.

**Source 1****Fashion**

Fashion trends change so quickly that it can be difficult to keep up. We don't just mean staying in the know about what celebrities and fashion icons are wearing – there's also a lot of pressure on the average consumer to purchase the latest designs in clothing.

Not everyone can afford to purchase designer clothes, which has led to a boom of brands and department stores that offer cheaper lines. These cheaper brands are examples of fast fashion, an effect of globalisation.

[Source: <<https://stylevanity.com/2020/07/>>]

**Source 2****Housing in Europe: The Impact of Globalisation on a Once Local Issue**

The European region is strongly influenced – politically, socially, and economically – by the European Union on the matter of housing. This influence is increasingly evident since globalisation, which has encouraged the free movement of capital and enterprises, heavily changed urban structures and attracted massive migration from within and outside Europe.

[Source: <[https://www.socialwatch.org/sites/default/files/Eu\\_SW2010\\_Housing\\_eng.pdf](https://www.socialwatch.org/sites/default/files/Eu_SW2010_Housing_eng.pdf)>]

**Source 3****The Impact of Globalisation on Food Availability and Access in Developing Countries**

Globalisation has affected food systems in the world and the world's poor in so many ways.

The increased process of globalisation has had a major impact on food security around the world and with it a greater impact on and increased importance to the lives of producers and food consumers.

[Source: <<https://scholar.sun.ac.za/bitstream/handle/10019.1/1/>>]

Debate the impact of **globalisation** on **consumer behaviour**. In your argument refer to the fashion, housing, and food industries.

Study the rubric to guide your response.

**[20]**

Criteria	Performance Indicators				
<b>Introduction &amp; Conclusion</b>	<b>6 marks</b>	<b>5–4 marks</b>	<b>3–2 marks</b>	<b>1 mark</b>	<b>0 marks</b>
	An introduction with a clear and concise definition of both globalisation and consumer behaviour.  The conclusion is a consolidation of all facts with a clear argument against or for globalisation.	An introduction that shows an understanding of the terminology, but only one of the terms was defined. A conclusion is present, but the facts were not consolidated OR there is no clear argument for or against globalisation.	An introduction was attempted but it shows a poor understanding of the terminology.  The conclusion and consolidation of facts are attempted but lacks clarity.  Either the introduction or conclusion was not attempted.	The introduction and conclusion were attempted but they are vague, lacking cohesion, rambling or repetitive.	No introduction or conclusion.
<b>Effect of globalisation on the fashion, housing, and food industry</b>	<b>10–8 marks</b>	<b>7–5 marks</b>	<b>4–3 marks</b>	<b>2–1 marks</b>	<b>0 marks</b>
	The response shows a thorough understanding of globalisation and its effect on consumer behaviour in all three industries. Advantages and disadvantages are clearly argued. No factual errors.	The response shows a good understanding of globalisation and its effect on consumer behaviour in two industries. Some advantages and disadvantages are argued. Minor factual errors.	The response shows an understanding of globalisation and its effect on consumer behaviour in only one of the industries. Vague advantages and disadvantages. Some important information is missing/incorrect.	The response shows a weak understanding of globalisation and its effect on consumer behaviour. Vague and repetitive. No advantages or disadvantages.	The response shows a poor or no understanding of globalisation or consumer behaviour.
<b>Quality of the article</b>	<b>4 marks</b>	<b>3 marks</b>	<b>2 marks</b>	<b>1 mark</b>	<b>0 marks</b>
	The article written is clear and concise. Flow is logical. Focus is consistently maintained. The use of terminology is accurate.	For the most part, the article is clear, the flow is logical, the focus is maintained, and the use of terminology is accurate. There are minor lapses.	The response has some flaws relating to clarity, reasoning, focus and terminology, which affect the quality of the article.	The article is often vague, lacking cohesion, rambling or repetitive. The terminology used is often incorrect.	The article is meaningless.











